# 5 Sikh Seva: Who Are We?







### **Our Story**:

- The idea for 5SikhSeva sprouted when a family was talking in the midst of the pandemic.
- We bought a used truck at the beginning of 2021.
- We crowdsourced community support and were able to start serving food by May of 2021 thanks to our volunteers and amazing driver Rajinder Singh.
- We have now served over 15,000 meals in total to first responders, homeless people, and others in need of support.



#### What Exactly Do We Do?

- We serve an average of 750 free and healthy meals to first responders, homeless people, and those in need across the Bay Area.
- We typically operate in Fremont, Union City, and San Jose.
- Our goal is to do our part in ending hunger in America and worldwide.
- We also give out food materials that we receive as donations such as beans, rice, vegetables, sugar, flour, and more.



## Where Do We Serve?

- We serve local hospitals (typically on Mondays) such as Washington Hospital and Kaiser Hospitals.
- We serve homeless and women's shelters (typically on Tuesdays and Thursdays) such as Abode Homeless Shelter and others in Union City/Fremont.
- We usually serve the Fremont Family Resource center on Wednesdays.
- On the weekends, we also donors to sponsor events around the Bay Area where they can request the truck at specific locations.



# **How Can You Help?**

- Every donation makes a difference!
- We accept donations on our website: <u>www.5sikhseva.org/donate</u>
- We accept donations of food at the Fremont Gurdwara.
- You can contact us via email at <u>donate@5sikhseva.org</u> or on our website to become a volunteer.
- Spreading the word about our organization (like on our instagram page <u>@sevatruck\_bayarea</u>) makes a huge difference for us too!

